

2011 Annual Report



“It's incredible to be by her side as her skill, confidence, sense of independence, and love of skiing grow to new heights.”

-Olivia Sinaiko, Volunteer

Inspiring Personal Independence
SOUTHEAST ALASKA INDEPENDENT LIVING





Joan Depp

Thank you for picking up the Southeast Alaska Independent Living (SAIL) 2011 Annual Report. We are grateful for the opportunity to share with you a couple stories about the people we serve; introduce you to our Board of Directors; and send out a giant **THANK YOU** in recognition of the volunteers and donors that make our work, *Inspiring Personal Independence*, both possible and powerful.

A handful of 2011 highlights:

- Tuxes to Xtra Tufts~ \$46K from the Governor’s SE Inaugural
- Sitka Red Dirt BBQ~ Siemeen Bone organized another country music extravaganza and handed us a check for \$4500
- PickClickGive~ We almost doubled the number of donors and raised \$5,000

Thanks again, we couldn't do it without you!

Board of Directors



Robert Purvis-President, Sitka

- Sitka Fisheries Advisory Commission
- Foundation Fighting Blindness
- Society for Accessible Travel and Hospitality (SATH)



Joseph Tompkins, Juneau

- United Human Services, Board member
- US Paralympic Ski Team
- Professional Motivational Speaker
- Founder of Extreme Edge



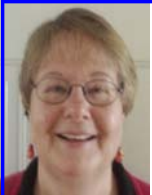
Paul Douglas-Vice President, Juneau

- Zach Gordon Teen Club, Board Member
- United Human Services, Board Chair
- Douglas Dornan Foundation, Founder and Board Member



Kate Burkhart, Juneau

- Nome Receiving Home 2002
- Clarksville DV Shelter Board
- Volunteer: AK Legal Services, United Way of SE, Glory Hole, Juneau Arts & Humanities Council, KTOO/KRNN



Suzanne Williams-Secretary, Ketchikan

- Opportunity House, Board Member
- Community Connections, Former Board Member.
- Ketchikan Youth Football League, Former Treasurer



Samuel Wright, Hoonah

- Alaska Independent Board, former member
- Hoonah Indian Association
- Tlingit and Haida Central Council



Mary Gregg-Treasurer, Ketchikan

- Disability Law Center, Board Member
- Tongass Federal Credit Union, Board Member
- Opportunity House, Board Member



Jeff Irwin, Gustavus

- AWARE, Board Member
- Gustavus and Auke Bay Fire Department, Volunteer
- Former Employee – SAIL

Picture Not Available

Rosemarie Duran, Juneau

- Kootznoowoo Permanent Fund Settlement Trust, Past Member
- Capital City Republican Woman, Past Treasurer



Elena Rath, Ketchikan

- Alaska Brain Injury Netwk, Ex. Comm.
- 20+ years serving children, adults & seniors w/ disabilities
- Senior Medicare Volunteer

2011

SAIL provided **INDEPENDENT LIVING SERVICES**

to **1624** elders and individuals with disabilities in

18 different Southeast Alaska communities. **SAIL**

responded to **145** requests for

ADVOCACY services, **637** **INFORMATION AND REFERRAL**

requests, **460** requests for **ASSISTIVE TECHNOLOGY**

and **89** requests for **PEER SUPPORT**.

495 individuals received **SKILLS TRAINING**.

198 **RECREATION** opportunities were offered and

SIGN LANGUAGE INTERPRETERS

Were provided on **104** different occasions!

At A Glance

Disabilities Served:

Physical	49%
Developmental	16%
Mental Health	12%
Multiple	4%
Other	19%

Ethnicity:

Caucasian	61%
AK Native/ American Indian	34%
Asian	2%
African American	1%
Hawaiian/Pacific Islander	1%
Hispanic	1%

Communities served:

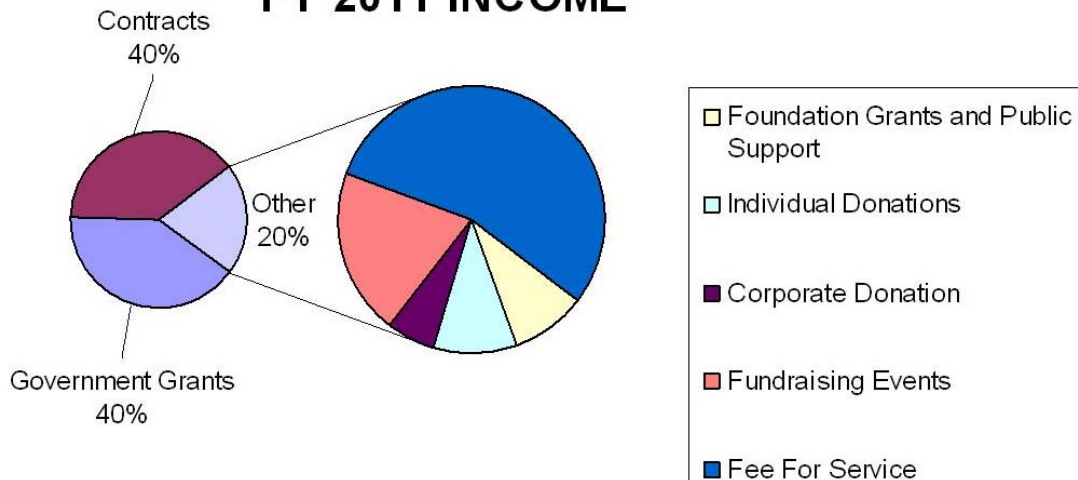
Angoon, Craig, Haines, Hoonah, Juneau, Kake, Ketchikan, Klawock, Klukwan, Metlakatla, Petersburg, Prince of Wales, Sitka, Skagway, Tenakee Springs, Ward Cove, Wrangell, Yakutat

Age:

Under 5	1%
Ages 5-19	11%
Age 20-24	4%
Age 25-59	39%
Age 60 & Older	45%



FY 2011 INCOME



“Independent Living is giving people the tools they need to help themselves”

Meet Granny– Ever since experiencing a traumatic brain injury twenty five years ago, she has been chronically homeless. Once college educated, she now struggles with reading, writing and organizing her thoughts. Granny came to SAIL to get help finding housing. Granny and her dog Sissy have happily been living in the same apartment for the past two years (the longest she has ever lived anywhere since her accident). Granny drops by the SAIL office once or twice a month to get help reading her mail and filling out paperwork, but mostly just to say hi and show off photographs she has taken of the Chilkat Valley where she calls home. ***“It’s a miracle actually. Without SAIL, I’d be still living in a culvert. With just a little help, I feel like I can actually do it now!”***



Meet Damian- the only one born Deaf of his four siblings. He remembers being sent to a school in California where he was not able to use sign language. They told him to use his voice instead.

Damian moved to Juneau just over a year ago. He works for REACH, Inc. as a custodian at the State Office Building. Damian has been waiting for housing to open up, but there is a long wait list. Damian loves the outdoors. He

recently went on a life changing kayaking trip with ORCA (Outdoor Recreation and Community Access), a program of SAIL, to Misty Fjords. ***“My life was upside down when I moved here. I was frustrated and couldn’t think straight. This trip helped me think about how I could direct my life better.”***

Forty-two percent of the homeless population in America are persons with disabilities.

Department of Housing and Urban Development’s Annual Homeless Assessment Report

WHAT IS PERSONAL INDEPENDENCE?



Meet Bill - an active member of the Haines community; he lives independently and has had long time employment as a DJ at the local radio station, KHNS. Until a bike accident in 2011, Bill relied solely on his bike for transportation. After a hip replacement and a lot of therapy, Bill realized that his bike would no longer be an option during the winter months. His independence was in jeopardy without transportation to work, the grocery store and the Post Office. He came to SAIL requesting assistance. This GEM Electric Cart

(pictured above) just happened to be for sale locally and would be perfect for Bill except for two obstacles: 1) The price tag was more than he could afford on a small fixed income and 2) Bill did not have a drivers license. SAIL staff approached organizations that might have a vested interest in Bill's success to see who might partner with SAIL to help Bill purchase the cart. In the end, Bill, SAIL, Alaska Vocational Rehabilitation and the Alaska Mental Health Trust all pitched in and purchased the cart. While the funds were being acquired, Bill went to work on his life long goal and received his first ever drivers license! Bill is ecstatic about his new transportation and his renewed sense of *Personal Independence!*

"I love the freedom and independence this cart has brought me. The SAIL staff were all wonderful to work with."

Four times as many people with disabilities as nondisabled people lack suitable transportation options to meet their daily mobility needs.

-National Organization on Disability

Meet Jeannette- a Sitka resident who is unable to sit or stand for any length of time due to advanced stage osteoporosis of the spine. Through SAIL's purchase of an assistive device stand, Jeannette has been able to type on her device while lying down, which enables her to pay bills, write, surf the web, and communicate with others.



"I cannot thank you enough [The assistive stand] has allowed me to use my iPad for as long as I choose without an increase in pain that I would normally feel by sitting up."

Meet David -a 12-year-old who liked to say, "No. I can't." Sometimes he would mumble it, sometimes he would yell it, and most others he would just crumble to the ground in exhaustion and defeat. It was a good day if he was convinced to even step outside in his ski boots, and an even better day if a pair of skis was lying somewhere in the vicinity. Bystanders surely wondered the purpose, as day after day they passed him as he sat with his ORCA (Outdoor Recreation and Community Access) instructor in the snow. For hours, he watched and waited.



A year went by, and no one expected to see David back at the ORCA ski program. But the next January, he came back, ready to refuse all over again. Something was different. In his first lesson of the new season, he agreed to put one ski on. To the instructors' surprise, he knew how to do it and very well. After all, he had watched and waited for all that time. After one ski, came two skis. After several more weeks, David began to transform. Flashes of exhilaration dashed across his face as he slid cautiously across the flat terrain. Now and again he'd falter as the frustration overcame him, but inevitably he'd get back up and try again.

The inherent benefits that are gained through recreation are increased self-esteem, an expansion of the individual's support network, improved quality of life, heightened personal responsibility and an increase in overall wellness.

During the 2011 ski season, David pointed at the chairlift and said "Lets go up there. To the top." The instructor was shocked, but after all - he had watched and waited for all that time. Without hesitation, he directed the instructor where he wanted to go, hooting and hollering the whole way. When he sat down on the lift, he never looked back. As they reached the top, all he said was "I did it," and slowly nodded his head.

As he skied down the beginner area, bystanders were astonished as he swiveled parallel turns with his instructor, triumphantly finishing in a hockey stop. No one could believe it. Mouths gaped in disbelief. But after all, he had watched and waited for all that time. In that moment, the boy who liked to say "No, I can't", instead said, "Next time, can we do that again?"

**During the 2011 Ski Season ORCA provided 280
Adaptive ski Lessons at Eaglecrest Ski Area to
50 different individuals utilizing 39 community volunteers!**

YOU, our donors and grantors,

Donors

Abby's Kitchen
Susan Alexander
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Diane Andresen
Diane Antaya
Leslie Antolick and Lori Hoover
Art and Susan Arnold
Sharli Arntzen
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Hattie Baumgartner
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Heather Parker
Dee Peterson
Ardeth Piston
Laura Plenert

make it all possible...Thank you !

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Foundations and Community Support

Alaska Community Foundation
Chilkat Valley Comm. Foundation
Douglas Dornan Foundation
Filipino Community, Inc.
Governor Parnell's
Inaugural Committee
Haines Chamber of Commerce
John and Deena Hale Foundation
Juneau Community Foundation
Juneau Douglas Lions Club
Legislative Skits
Rasmuson Foundation
Sitka Charitable Trust
Sitka Moose Lodge #1350
Tlingit and Haida Indians of the
City and Borough of Juneau
United Way of SE Alaska
White Elephant Shop

Business and Corporate Support

Acupressure Institute of Alaska
Adlersheim Wilderness Lodge
AEL&P
Air Excursions
Alaska Fly'n'Fish Charters
Alaska Fudge Company
Alaska Glacier Seafoods, Inc

Alaska Grafix
Alaska Northern Lights
Alaska Raptor Center
Alaska Seaplane Service
Alaska Stone Arts
Alaska USA FCU - Juneau
Alaska USA Federal Credit
Union- Ketchikan
Alaska's Capital Inn
Alaskan and Proud Markets
Alaskan Heritage Gems & Arts
Allen Marine Tours
ALPS Federal Credit Union
Anderes Oil
Arctic Bar
Arctic Circle Enterprises
Artifacts
Aurora Projekt
Backdoor Cafe
Balanced Practice
Baranof Chiropractic, Inc.
Beading Fascinations
Bernard K Passman
Bernie's
Calisu Leaves
Changemakers
Chapel by the Lake
Chilkat Guides, Ltd
Chinook & Company
Choco Boutique
Chocolate Moose
Christmas in Alaska
Coastal Real Estate Group
Cornerstone Home Health
Costco
Crab Cracker
Crazy Wolf Studio Gallery
CruiseMart
Curves for Women
Czar's Treasures
Daily Sitka Sentinel
Danger Island Studio
David Green Furriers
Davis Realty
Diamonds International
DIPAC
Douglas S. Weaver, D.D.S,
A.P.C.
Eaglecrest Ski Area

Ed Vandor Construction
 El Sombrero
 Ernie's Old Time Saloon
 Fairweather Prints
 Family Practice Physicians, Inc.
 Faulkner Banfield, P.C.
 Fireweed Chiropractic and
 Massage LLC
 First Bank
 First City Electric
 First City Players
 Fisherman's Eye Gallery
 Fjord Flying Service
 Food Services of America
 Foreign Automotive
 Forget-Me-Not Sweater Shoppe
 Glacier Bay Sea Kayaks
 Glacier Pediatrics
 Goldbelt Hotel
 Good River B&B
 Greens Creek Mining Co
 Gross Alaska Theatres
 Gustavus Inn
 Harmony House
 Harris Aircraft Services, Inc.
 Heritage Coffee Company
 Home Made Pretty
 Home Plus
 Homeshore Cafe
 Homestead Bed and Breakfast
 Hometown Furnishings
 Horan and Company LLC
 IBEW Local 1547 KTN
 Integrity Automotive
 Island Tile and Marble
 Jack's Plumbing and Heating Co.
 Jerry's Meats and Seafoods
 JRC - the Alaska Club
 Juneau Empire
 Juneau Information Service
 Technology
 Juneau Symphony
 K-Town Video
 K3 Broadcasting
 KATH TV
 KetchiCandies
 Ketchikan Daily News
 KFMJ
 Kingfisher Charters

KINY/KSUP
 Kodiak Coat Company
 KTKN am 930
 Life Size Fish
 Linni Esther, CHTP
 IBEW Local 1547
 Madison Lumber & Hardware
 Mary Kay Cosmetics
 McDonald's of SE Alaska- Juneau
 McDowell Group Inc
 MJ Cadle Photography
 Moose Lodge-Ktn
 Mt. Roberts Tramway
 Mt. Verstovia Lodge #18
 Murray Pacific
 Nana's Attic
 NAPA Glacier Auto Parts -
 Juneau
 NorthStar Trekking
 Nugget Alaskan Outfitter
 Oceanview Restaurant
 ODOM Corporation
 Old Harbor Books
 Parnassus Books
 Pavitt Health and Fitness
 Perseverance Theatre
 Pie in the Sky
 Plumbers & Pipefitters Local
 Union 262
 Poker Creek Gold
 Precision Boatworks
 Printing Trade Company
 Raven's Nest Guest House
 RE/MAX of Sitka
 Refiner's Roast
 Rie Munoz Ltd.
 Robertson's Gallery & Custom
 Framing
 Russell's
 Sadhana Works
 Safeway
 Safeway Food and Drug
 Salon Park Avenue
 Scanlon Gallery
 Seaside Yarns, LLC
 Service Auto Parts
 Shaub Ellison Tire
 Sheinberg Associates
 Silly Munchkins

Sitka Fur Gallery
 Sitka Sound Ocean Adventures
 Sitka Vision Clinic
 SitNews.org
 Skeins Fine Yarns
 Sourdough Bar
 Sourdough/ Ingersoll Cab Co.,
 Inc.
 Southeast Alaska Cab Co., Inc.
 Southeast Alaska Discovery
 Center
 Southeast Remodel LLC
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 St. John's Episcopal Church
 Starboard Frames & Gifts
 Subway
 Super Bear Supermarket
 Swan Lake Professional Build-
 ing-Sitka Dental Clinic
 Sweet Mermaid Coffee Shop
 Taco Time
 Taku Harley-Davidson
 Tall Tale Taxidermy
 Tatsuda's IGA
 Temsco Helicopters
 Tenakee Hot Springs Lodge
 The Bear's Lair
 The Candy Corner
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 Wings Airways
 Work & Rugged Gear
 & Mountain Miss

SOUTHEAST ALASKA INDEPENDENT LIVING, INC.
Financial Position
June 30, 2011

	<u>FY11</u>
ASSETS	
CURRENT ASSETS:	
Cash and cash equivalents:	
Operating	\$345,746
Project Playground	10,192
Receivables:	
Accounts receivable	36,749
Grants receivable	186,946
Employee receivable	650
Prepays and deposits	<u>51,802</u>
Total current assets	632,085
EQUIPMENT AND LEASEHOLD IMPROVEMENT, net	49,742
Total assets	<u>\$681,827</u>
 LIABILITIES AND NET ASSETS:	
CURRENT LIABILITIES:	
Accounts payable	\$ 18,028
Accrued expenses	38,724
Payable to Project Playground	10,192
Accrued compensation payable	<u>35,756</u>
Total current liabilities	\$ <u>102,700</u>
 NET ASSETS:	
Unrestricted net assets:	
Undesignated	520,574
Invested in equipment and leasehold improvement	<u>49,742</u>
Total unrestricted net assts	570,316
Temporarily restricted net assets	8,811
Total net assets	579,127

See SAIL's audited financial statements for the year ended June 30, 2011 for a complete presentation of SAIL's financial condition and results of operations.



Inspiring Personal Independence

3225 Hospital Dr. Ste. 300
Juneau, AK 99801

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Sitka: 514 Lake St., Ste. C, Sitka, AK 99835, (907) 747-6859, sitka@sailinc.org
Haines: 24 Fort Seward Dr., PO Box 183, Haines, AK 99827 (907) 766-3297, haines@sailinc.org

An Aging and Disability Resource Center and Partner Agency of United Way of Southeast Alaska

Information and Referral · Advocacy · Peer Support · Independent Living Skills Training
De-Institutionalization · Outdoor Recreation and Community Access (ORCA)

www.sailinc.org